

## Featured

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### Pieces of Jane on display

Pieces of Jane Seymour are on display at Art Trax Gallery.

The Golden Globe and Emmy Award-winning actress says although she never imagined the world would see her artwork when she began painting more than 20 years ago, she hopes Mississauga residents will see pieces of her in The Art of Jane Seymour: 2010 Canadian Exhibition.

"I hope it puts a smile on their faces and warms their hearts," she told *The News* on Friday, while she was in town to promote her work. "I paint things I find beautiful and I'm hopefully bringing a bit of peace, serenity and happiness into their homes because that's what art does for me."



Seymour, who's known for her role in the TV series *Dr. Quinn, Medicine Woman* and a Bond girl in the 1973 James Bond film, *Live and Let Die*, has had her work exhibited in numerous galleries and venues across the nation. She was even selected as one of the official painters for the 2005 Torino Winter Olympics and the official artist of the 2006 Naples Winter Wine Festival, the 2008 Beijing Olympics and the 2010 Vancouver Olympics.

She says she has always been artistic, but rather than pursue art in college, she decided to pursue a career in ballet.

After injuring herself however, she turned to acting.

Seymour rediscovered her love for painting, several years later, during a difficult period in her life.

"I lost everything — financially, emotionally and physically," she said. "... once I started painting, all the panic, anger and fear seemed to dissipate."

Seymour emerged from the experience as an accomplished, passionate painter, raising money for various charities and helping propel a number of causes that include non-profit organization Childhelp.

Her Open Hearts collection, which started off as a series of paintings, has expanded to include sculptures and jewelry as well.

"Open Hearts is a whole inspirational piece about a universal symbol of giving and receiving love — the idea being that if your heart is open you can let go of the hurt, the pain or the mistakes that were made yesterday," she said. "... that's done, that's happened now and you're in the present moment. By reaching out to help someone else and opening your heart you can allow love to come into your life."

Seymour works in watercolours, pen and ink, oil, acrylic and a number of different media.

She says her work almost chronicles what's been going on in her life and shows the things she loves and the places that matter most to her.

Seymour's work will be on sale and on display until Nov. 19. Her artwork ranges from \$1,495 to \$50,000.

Visit [www.arttrax.ca](http://www.arttrax.ca) or call 905-274-3400.

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